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 **Nunthorpe**  
Squash Club

Issue 8  
Aug  
**2024**



# On Court >>>



An insight into what's going on behind the scenes at Nunthorpe Squash Club



The NMPFA recently held the long-awaited AGM 17<sup>th</sup> July and as most already are aware, the chairman's position has changed and apart from Colin Geddes who is still on the committee 2 other trustees took the decision to stand down- we thank them for their service

Chris Foggin is the new chair with Wade Tovey as his deputy chair along with Graham Lewis Treasurer and Kelvin Bowes Secretary

The first meeting of newly elected trustees along with representatives of Marton, Nunthorpe, Middlesbrough Borough Council and Nunthorpe Parish council has occurred and the new management team are hard at work of coordinating a handover from previous chairman – Update to follow

## England Squash Membership Changes *Team Players please be aware ! >>>*

This August edition features some important information regarding the changing England Squash Membership criteria which every team player needs to be aware of

We have a recap and acknowledge the recent constitutional changes and of course review the changes within the NMPFA management team

We have a Q&A session with one of our new committee members Ben Suggitt who "volunteered" to share some insights on how he enjoys and loves the game of squash here at NSC.

There's an update on the exciting development and partnership that NSC has started with The Teesside Family Foundation – Grassroots along with an update on **The fantastic 4** ....read on !

Geoff wraps up this edition with his monthly update and whilst we know summer months are traditionally a quieter time in around the club just to let you know the committee are hard at work planning for our busier Autumn period

As always if any members have any suggestions, ideas or even pass on something that they are not happy with as part of the NSC family just contact one of the committee or fill in a contact form on the web...we will do our best to help or take your ideas forward to a committee meeting

We hope you find this edition as informative as ever.


**The Committee**

## England squash Membership is changing- what does that mean for me !

From 19 August, England Squash club affiliation and membership will change to a direct model, with individual player membership being separated from club affiliation.

A range of new membership categories are being introduced which will provide fantastic value and support for clubs and players alike, as well as uniting the squash community.

**All NSC members who wish to partake in team squash are requested to take up ES membership – this is mandatory as it provides the necessary insurance for you to play in team matches plus it offers so much more benefits**

PLAYER MEMBERSHIP CATEGORY	COMMUNITY - Free	SUPPORT - £10/year	JUST PLAY - £15/year	PLAY PLUS - £25/year	JUNIOR - £15/year
Exclusive content and communications from England Squash and our partners	✓	✓	✓	✓	✓
Access to digital tools supporting players and fans	✓	✓	✓	✓	✓
Early access to tickets for major PSA events in England and British National Championships		48 hour pre-sale	48 hour pre-sale	48 hour pre-sale	48 hour pre-sale
Discount on early round tickets at PSA events in England as well as the British National Championships		✓	✓	✓	✓
Access to digital version of Squash Player Magazine		✓	✓	✓	✓
Up to 20% of fees re-invested in local grassroots squash		✓	✓	✓	✓
Discount on squash equipment at PDH Sports		10%	10%	10%	10%
Access to exclusive deals at PDH Sports for England Squash members		✓	✓	✓	✓
A tree planted for every member		✓	✓	✓	✓
Access to exclusive competitions and money-can't-buy experiences		✓	✓	✓	✓
Up to £10 million of public liability and personal accident cover			✓	✓	✓
County league eligibility (category determined by county/league) 			✓	✓	✓
Eligibility to play in England Squash competitions, take part in England Squash Talent Pathway squads and appear on the England Squash Rankings (juniors only)			✓	✓	✓
Discount on World Squash Officiating (WSO) refereeing courses			20%	20%	20%
Access to World Squash Officiating (WSO) member workshops			✓	✓	✓
Discount on Squash Player Magazine (paper copy)			25%	25%	25%
Introductory discount on SQUASHTV passes (new subscribers only)				70%	70%
SQUASHTV discount for renewing/existing subscribers				50%	50%
Access to archive SQUASHTV content				✓	✓
Access to Diamond Club rewards and discounts scheme				✓	✓

Please note, for those players playing in a squash league, your local league organiser may require you to purchase either the 'Just Play' or 'Play Plus' membership as a condition of competing in that league. Full information on this requirement will be communicated to players directly by the league in due course.

# Coaches corner & The Fantastic 4

**SQUASH COACH PROFILE**

**MALCOLM LEECH**

- 20 years of experience
- England Squash Level 3
- Coaching Times - Please contact Coach
- DBS Checked & Qualified First aider
- Racket Stringing service available





 leech161@btinternet.com  
07739 976124

**SQUASH COACH PROFILE**

**MICHAEL BOWES**

- 15 years of experience - Team Captain
- England Squash Level 2
- Coaching Times - Please contact Coach
- DBS Checked & Qualified First aider





 michael.bowes@ntlworld.com  
07941 835260

**SQUASH COACH PROFILE**

**PETER SPALDIN**

- 15 years of experience
- England Squash Level 1
- Coaching Times - Please contact Coach
- DBS Checked & Qualified First aider



 pete.spaldin@gmail.com  
0750 7804854

**SQUASH COACH PROFILE**

**GRAEME LEWIS**

- 20 years of experience
- England Squash Level 2
- Coaching Times - Please contact Coach
- DBS Checked & Qualified First aider



 graemelewis@hotmail.com  
0796 7085656

You will shortly see that we are setting up a **Coaches Corner** within the club, this will be on display for all to see who our England Squash approved coaches and provide contact details should you wish to take advantage of their expertise and services.

We have initially set up 4 coaches' posters, but we know there are more waiting in the sidelines to join the fantastic 4 soon it will become the **Fantastic 7**

England Squash are currently auditing further coach applications and soon we reckon we might just need a bigger wall to add all the coaches on!

If you would like to enquire about been a coach or volunteer and what it entails, just ask any of the committee.

MARVEL STUDIOS  
*the Fantastic 4*

## . Exciting News from Nunthorpe Squash Club!

We are thrilled to announce the arrival of a new automatic ball launcher to our coaching equipment, courtesy of a generous donation from the trustees of **Grassroots the Teesside Family Foundation Charity**. This cutting-edge addition is all set to take our Junior Academy's training sessions to the next level!

The funding application, led by our dedicated committee team, earned approval for its unwavering support towards our registered and English Squash recognized coaches. This new equipment is poised to enhance coaching standards by providing our junior players with a more effective training experience.

Kelvin Bowes, our Club Secretary, extended heartfelt thanks to the trustees of Grassroots the Teesside Family Foundation Charity during the official equipment launch. "We are immensely grateful for the Foundation's generous contribution," expressed Bowes. "This cutting-edge automatic ball launcher will significantly benefit our junior section, equipping them with an advanced training tool to elevate their game."

Provided by a leading UK manufacturer, this innovative machine is expected to revolutionize our training sessions, offering timely support for our upcoming schedules. It will enable our young players to make the most of their practice time on the court.



Coaches Peter Spaldin & Graham Lewis with some of the Juniors & The Ball Machine



Coaches Peter Spaldin & Graham Lewis with Trustee Julie Kweuele from the Teesside Family foundation listening to Julie talk about the foundation and its aims

# Focus on Ben Suggitt Harrison

New Committee member >>>



**What inspired you to join NSC? and when?** *I was inspired to join*

*NSC as an under 11 junior when my school visited the club for some training sessions*

**As an avid mini league player and team captain could you share your most memorable victory on the court and what it meant to you?** *My most memorable victory will have to be coming from 2-0 down to win for the first team against top of the league. It meant a lot to me as the team then won the match*

**What aspects of squash do you find most challenging, and how do you overcome those challenges?**

*I find the constant intensity most challenging, I overcome them with a sauna and shower after a hard match.*

**What squash achievements are you most proud of, whether it's related to your own skill development or sportsmanship?** *The achievements I am proud of our multiple junior handicap wins and winning the junior championship in 2023. Also representing Durham and Cleveland for numerous years as a junior from under 11 to under 17.*

**Off the court, what hobbies or interests complement your passion for squash, giving us a glimpse into your life beyond squash**

*I like to play cricket in the off-season, follow the Boro and attend music concerts when I'm not playing squash.*

**As a dedicated squash member, what advice would you give to someone new to the sport, based on your own journey and experiences?** *Play plenty of games against different opposition, including those who are better than you, this will improve your game the most!*

**Are there any squash-related rituals or superstitions you follow before a match, or perhaps a lucky charm that accompanies you to the court?** *I try to warm up on my backhand first, I also sing in my head during rallies to help keep my concentration.*

**Outside of the competitive aspects, what do you enjoy most about Nunthorpe Squash Club – the camaraderie, events, or something else?** *I most enjoy the social side of our club. With our growing membership, it is only going to get bigger and it's great to see so many new faces all the time*

**Favourite Food & Drink** - *Favourite food must be a parmo and then a nice pint of Carlsberg.*

**Your idea of a perfect night or day out** *Perfect day out must be an away match following the Boro with a couple pints and all the lads.*



# Nunthorpe Squash Club Member of the Month Award

A sporting club is only as good as its members and the committee has recognised that we have some fantastic members, so to recognise some of the great input that routinely occurs within the club, we wish to celebrate some of our fantastic members every month.

If you'd like to nominate a fellow member  
Please contact the committee on our usual email address  
The closing date is the 25<sup>th</sup> of every month.



Don't miss out on the chance to be a hero for **Nunthorpe Squash**.  
Purchase your lottery ticket today and be part of something truly special!

We have created a FAQ sheet on web site to provide further information or you can scan your smart phone at the above QR code, but you can join up today for as little as £1 per week. – All funds raised get reinvested into the club.  
**Remember you must be in it to win it!**

<https://www.middlesbroughlottery.co.uk/support/nunthorpe-squash-club>



## Well Done, Nunthorpe Juniors

for absolutely smashing the recent  
DCSRA juniors' competition  
4 group winners and a runner up out  
of 5 groups – awesome performance



# final thoughts.. FROM GEOFF SMITH – CHAIRMAN

Dear Members, I am thrilled to share the fantastic news from the recent Junior DCSRA competition. Our club's junior section continues to shine brightly, with Nunthorpe Squash Club entrants winning in four different groups! This remarkable achievement has garnered praise from the DCSRA, who have expressed that our junior section is quickly becoming the blueprint for success. Congratulations to all our junior players, coaches, and supporters!

I also want to extend a heartfelt thank you to everyone who attended the recent EGM. Your engagement in the constitutional discussions and your votes on the proposed changes were invaluable. I'm pleased to inform you that the updated constitution is now available on our website for your reference.

As we gear up for a busy autumn period, please know that a lot of work is being done behind the scenes to ensure that we are ready for the exciting times ahead. Your continued support and involvement are essential as we move forward.

Thank you once again for your dedication to the club. Together, we are achieving great things. [ Geoff

Warm regards, Geoff

## NSC Social Media Code of Conduct Update

We recently updated and shared the code of conduct for all team players

We would like to remind all team players of their obligations whilst representing the Club

The code of conduct can be viewed here, and we recommend that every current or prospective player takes time to read and fully understand responsibilities

If you require any more information, please do not hesitate to contact any team captain or committee members

<https://www.nunthorperecreationsclub.co.uk/documents/CodeOfConduct/NSC%20Team%20Players%20Code%20of%20Conduct%20%20Policy%20June%202024.pdf>

### In the next issue >>>

- Club Projects Update
- Club Member of the Month
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- Club developments
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- Team News
- League News



### Social media – Why bother ?

Did you know that every time you **like , share , click or comment** on any of our social media pages , you further support **Nunthorpe Squash club and fellow members**. We cannot thank you enough for the interaction all our members show by contributing to features, but **we want more** . The more you contribute by **liking , sharing , clicking, or commenting** on the great activity occurring here at Nunthorpe Squash Club , the greater we as a committee can reach out to sponsors , the public and importantly funding groups which will help all of us here at the club.

**Go on give it a try !**

